

Kocoa's Kitchen, Inc.

Creative Cuisine for Soul Nourishment

Nachos

serves 4

1-1/2 pounds ground beef or turkey
1 large onion, small chop
1 large bell pepper, small chop
2 medium tomatoes, small chop
1-16 ounce refried beans
2 jalapeno peppers, small chop & optional
3 Tablespoons chili powder
1/2 bunch cilantro, small chop
salt, pepper & granulated garlic to taste
shredded cheese, your choice
tortilla chips, your choice

Preheat oven to 375°F. Season ground beef OR turkey with the chili powder and the salt, pepper & granulated garlic to taste. Sauté until completely cooked. Drain off all residue oil.

Layer baking dish with tortilla chips and sprinkle all remaining ingredients (beef, onion, bell pepper, beans, tomato, cilantro & jalapeno) on top of tortilla chips, ending with the shredded cheese. Bake in oven until cheese has melted usually around ten minutes. I don't recommend microwaving this recipe because the texture of the tortilla chips will change. Use your own discretion.

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